



ANCIENT EXPLORATIONS

Expedition to Machu Picchu **Including Lima, Cuzco and the Sacred Valley** Led by Archaeologist Dr. Ed Barnhart

March 16 – 23, 2019
Itinerary

March 16, Saturday – Arrival to Lima

Evening: Flights arrive to Lima from USA
Meet Dr. Barnhart in airport
Transport to the hotel

Overnight in the Hotel Miraflores Colon

Flights from the USA typically arrive very late into Lima. The group will arrive and go directly to their hotel in the Miraflores District to get some sleep before their first busy day.



March 17, Sunday – Museums and Pyramids

8-10am: Breakfast at hotel
10-12pm: Larco Herrera Museum
12-1pm: Lunch at the museum
1-3pm: Huaca Pucllana – a pyramid in downtown Lima

Evening: Free time

Overnight in the Hotel Miraflores Colon

After breakfast at the hotel, Dr. Barnhart will lead a tour of the Larco Herrera Museum, Peru's finest collection of Pre-Columbian artifacts. The museum's beautiful grounds include a gourmet restaurant where the group will have lunch. In the afternoon they'll explore the massive Huaca Pucllana complex, a set of 10th century pyramids still standing in the middle of Lima.





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March 18, Monday – Arrival to Cuzco

- 7-9am: Breakfast and hotel check out
- 9-10am: Transport to the airport
- 12-2pm: Flight to Cuzco and to hotel
- 2-3pm: Lite lunch and rest
- 3-4pm: Walking tour of Inca walls
- 4-5pm: Lecture: Ancient Inca Civilization
- Evening: Rest and acclimatize



Overnight at Hotel Ruinas

A noon flight will take the group up to Cuzco at 11,500 ft asl. They'll take it slow that day and acclimatize to the altitude. A casual walking tour will show them the a few of the many remaining megalithic Inca walls. In the late afternoon Dr. Barnhart will present a lecture on the origins of the Inca civilization and how they grew to an empire of over 10 million people.

March 19, Tuesday – Inca Temples and Churches

- 6-8am: Breakfast at hotel
- 8-12pm: Coricancha and Sascahuaman
- 12-2pm: Lunch break
- 2-4pm: Churches of the Plaza de Armas
- 5-6pm: Lecture: Inca Khipu Writing
- Evening: Free time



Overnight at Hotel Ruinas

The day will begin with tours of the major Inca temples still standing in Cuzco. In the afternoon, you'll explore the massive cathedrals lining the Plaza de Armas.

March 20, Wednesday – Train to Machu Picchu

- 6 – 6:30am: Breakfast and hotel check out
- 6:30-7am: Transport to Poroy train station
- 7:35am: Train to Machu Picchu
- 12-2pm: Hotel check in and lunch
- 2-5pm: Tour of Machu Picchu
- 7-8pm: Dinner at Inca Wasi



Overnight at Hotel Santuario (in town)

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An early morning train will wind through the Sacred Valley for 4 hours until it finally arrives to the valley below Machu Picchu. After hotel check in and lunch, participants will take a bus up the mountainside to the site. Dr. Barnhart will give a complete tour of Machu Picchu explaining why and how it was built. That evening the group will enjoy dinner and music at restaurant Inca Wasi.

March 21, Thursday – Machu Picchu

- 5-6am: breakfast and bus up mountain
- 6:30am: Equinox sunrise at Machu Picchu
- 8-12pm: Climb Wayna Picchu (optional)
- 12-2pm: Lunch at ruinas cafeteria
- 2-5pm: Hike to the Sun Gate (optional)
- Evening: Free time

Overnight in Hotel Santuario

The group will strike out before dawn and witness an amazing light show as the equinox sun rises over Machu Picchu. Shortly after, they will have the entire day to themselves to enjoy Machu Picchu. They can hike to the top of Wayna Picchu, the mountain that towers above the site, or to the Sun Gate, or just relax in a spot of their choosing. The day and evening is theirs to enjoy as they wish.



March 22, Friday – Sacred Valley

- 6-8am: Breakfast and hotel check out
- 9-10am: Train to Ollantaytambo
- 10-12pm: Tour of Ollantaytambo
- 1-2pm: Lunch in Urubamba
- 3-4pm: Awana Kancha - llamas and weaving
- 6pm: Return to Cuzco

Overnight in Hotel Ruinas

A morning train will bring the group back into the Sacred Valley for the day. A bus will be waiting at the station to bring them to the ancient fortress of Ollantaytambo. Lunch will be a buffet at the Tunupa Restaurant along the Urubamba River. The last stop of the day before returning to Cuzco will be Awana Kancha where participants can meet friendly llamas up close and learn about indigenous weaving traditions.



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March 23, Saturday – Lima

6-9am: Breakfast, check out, airport
11-1pm: Flights back to Lima
1-3pm: Lunch in Lima
3-6pm: Lima City Tour
7pm: Check in at Lima Airport
Dinner in the airport
Midnight: Flights back to the USA



After a casual morning in Cuzco, the group will fly back down to Lima. A bus and tour guide will meet them for a guided tour of central Lima, including the Plaza de Armas, colonial churches, and the skeleton-filled catacombs underneath the city's main cathedral. Checking in for their flight that evening, they'll have dinner in the airport and wait for their midnight flight back to USA.

Included:

All lodging, private ground transportation, all entry fees, archaeologist tour leader, evening lectures in Cuzco, local guides, and breakfasts

Not Included:

Flights to Lima and Cuzco, lunches, dinners, and gratuities for service providers (waiters, drivers, maids)

Hotels During the Trip:

Lima: Hotel Miraflores Colon - <https://www.miraflorescolonhotel.com>
600 Colon St. w/Juan Fanning, Miraflores, Lima - Phone (511) 610-0900

Cuzco: Hotel Ruinas - <http://www.hotelruinas.com>
Calle Ruinas 472, Cusco - Phone: +51 (84) 260644

Machu Picchu Town: Hotel Santuario - <http://www.santuariohotel.com>
Addresses aren't really relevant in Machu Picchu Town